

Your Health, Our Priority

Aboriginal Health Unit

Supporting Improved Outcomes for Aboriginal People

Improving the health and wellbeing of the East Gippsland community by providing accessible, high quality and sustainable health care.

We welcome feedback at: **Bairnsdale Regional Health Service PO Box** 474, Bairnsdale VIC 3875 **P** (03) 5150 3333 **E** email@ brhs.com.au www.brhs.com.au

Bairnsdale Regional Health Service is located on the traditional land of the Gunaikurnai people.

The information in this brochure is intended as a guide to one of the services provided by BRHS and is correct at the time of publishing.

Koori Hospital Liaison Officer

Emotional, social & cultural support to ensure you get the care you need during your stay at BRHS.

Access & Support

inking you with "My Aged Care", Disabilities Services, Home & Community Care Programs to keep you active in your community or living independently in your home.

Aboriginal Health Care Coordinator

Effective hospital discharge with follow up care to reduce hospital re-admission. Care coordination of clients with complex health needs to ensure they can access the services and information to better <u>manage their</u> condition.

Supporting Culturally Safe and Effective Care

The BRHS Aboriginal Health Unit actively supports our local Aboriginal people to work towards improving their health and the health of their community.

The team provides services which are culturally appropriate, accessible and responsive to the needs of Aboriginal and Torres Strait Islander people who live in the Bairnsdale and East Gippsland area.

The Aboriginal Health Unit provides:

Access and Support

BRHS' Aboriginal Health Access and Support Service provides short term support for frail older people, people with a disability, and their carers who need help to stay living at home, or have diverse needs or circumstances.

The Access and Support Service helps people who have difficulty finding out about services or applying for the services they need due to their diverse needs.

Our Access and Support worker can help you to make the appointments you need with agencies that can help you, find answers to the questions you might have about the services, and find out if there are any costs involved.

Support from an Access and Support worker is confidential.

No fees are charged for the Access and Support Service.

Koori Hospital Liaison Officer

Our Koori Hospital Liaison Officer (KHLO) provides social, emotional and cultural support for those who use the hospital.

The KHLO liaises and is an advocate for Aboriginal and Torres Strait Islander patients and their families and ensures Aboriginal and Torres Strait Islander clients and their families understand the hospital system. Another duty of the Koori Hospital Liaison Officer is to encourage Aboriginal and Torres Strait Islander when presenting for treatment at health care agencies to identify.

Our KHLO works closely with other departments at BRHS and service providers in the community.

Aboriginal Health Care Coordinator

Our Aboriginal Health Care Coordinator assists with effective hospital discharge with follow up care to reduce hospital re-admission.

The Care Coordinator will liaise with key people in the health services to assist with the care coordination of Aboriginal people with complex needs to ensure they can access services and information to better manage their condition.

You may also receive a call from the Care Coordinator or Koori Hospital Liaison Officer if you have presented for care at BRHS. This is to make sure your needs have been met and your care is on track.

Contact the BRHS Aboriginal Health Unit

phone: 5150 3364 email: AboriginalHealthUnit@brhs.com.au

Narelle Bragg Koori Hospital Liaison Officer

Lynette Bishop Aboriginal Access and Support Worker Amanda Blandford Aboriginal Health Care Coordinator

Adrian Morgan Koori Hospital Liaison Officer